

SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M01			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
109	Vlugt, Demian van der	M	00:42.44	1st
	Age 14	AV Lycurgus		
Maximum Effort	37.96			
216	Schepers, Lux	M	00:42.61	2nd
	Age 8	Only Friends Twente Atletiek		
Maximum Effort	36.33			
62	Wouters, Jelte	M	00:49.93	3rd
	Age 12	AV Generaal Michaëlis		
Maximum Effort	43.69			

Legenda

DNS	Niet gestart
DNF	Niet gefinished
DQ - A	DQ - Valse start
DQ - INT	DQ - Hinderen
DQ - LI	DQ - Verlaten baan
DQ - TEC	DQ - Technisch
DQ - ME	DQ - Maximum Effort

Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
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Final



Division: M02			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
198	Breedijk, Jorn Age 11 Maximum Effort 31.67	M Only Friends	00:35.15	1st
195	Adelina, Qianu Age 14 Maximum Effort 33.87	M Only Friends	00:36.22	2nd
201	Horst, Niek ter Age 14 Maximum Effort 32.00	M Only Friends	00:37.36	3rd
208	Haar, Gijs op den Age 15 Maximum Effort 32.38	M Only Friends Twente Atletiek	00:37.40	4th
90	Broer, Finley Age 10 Maximum Effort 34.42	M AV Lycurgus	00:37.84	5th

Legenda

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DQ - A	DQ - Valse start
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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
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Final



Division: M03			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
200	Hihi, Jayvie	M	00:29.90	1st
	Age 14	Only Friends		
Maximum Effort	25.75			
196	Biervliet, Jamiro	M	00:31.54	2nd
	Age 14	Only Friends		
Maximum Effort	28.22			
160	Bisschop, Reinier	M	00:34.40	3rd
	Age 14	HAC '63		
Maximum Effort	30.12			

Legenda

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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M04			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
58	Kuijk, Mike van Age 37 Maximum Effort 01:14.80	M AV Generaal Michaëlis	01:25.35	1st
148	Lasker, Leroy Age 36 Maximum Effort 02:42.64	M E.A.C. de Sperwers	02:56.55	2nd
176	Aken, Wesley van Age 39 Maximum Effort 01:04.54	M Hellas Utrecht	00:46.51	DQ-ME

Legenda

DNS	Niet gestart
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DQ - A	DQ - Valse start
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DQ - TEC	DQ - Technisch
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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M05			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
131	Dijk, Dion van Age 17 Maximum Effort 48.39	M AV Sprint	00:51.10	1st
122	Korte, Danny de Age 22 Maximum Effort 57.55	M AV Spark Spijkenisse	00:57.69	2nd
120	Jaspers, Jeroen Age 39 Maximum Effort 01:00.45	M AV Spark Spijkenisse	01:14.13	3rd
32	Bleeker, Vince Age 27 Maximum Effort 55.25	M AV DEM	00:38.50	DQ-ME

Legenda

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DQ - A	DQ - Valse start
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SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M06			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
180	Haberland, Jamie Age 31 Maximum Effort 43.66	M Hellas Utrecht	00:44.93	1st
70	Rijk, Peter Age 43 Maximum Effort 44.71	M AV Gouda	00:46.91	2nd
114	Dierckx, Dyon Age 27 Maximum Effort 44.30	M AV Scheldesport	00:48.64	3rd
138	Pellicaan, Jeffrey Age 30 Maximum Effort 46.06	M AV Sprint	00:50.13	4th
142	Bruins, Ralph Age 43 Maximum Effort 46.04	M E.A.C. de Sperwers	00:50.53	5th
40	Bakels, Wim Age 68 Maximum Effort 43.68	M AV Edam	00:54.91	6th

Legenda

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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
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AT 200 M Run (M)
Final



Division: M07

Status :- Finished - official

Bib#	Name	Gender (short)	Score	Place
108	Velde, Sebastiaan van de	M	00:46.62	1st
	Age 43	AV Lycurgus		
Maximum Effort	41.79			
124	Noort, Niels van	M	00:47.21	2nd
	Age 23	AV Spark Spijkenisse		
Maximum Effort	39.88			
27	Berkhout, Tim	M	00:50.43	3rd
	Age 28	AV Climax		
Maximum Effort	40.60			

Legenda

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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M08			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
99	Jak, Sebastian	M	00:41.39	1st
	Age 34	AV Lycurgus		
Maximum Effort 37.74				
162	Dekker, Steve	M	00:41.62	2nd
	Age 40	HAC '63		
Maximum Effort 37.68				
93	Cornelisse, Rick	M	00:44.89	3rd
	Age 21	AV Lycurgus		
Maximum Effort 38.43				
177	Camerijk, Tobias van	M	00:45.02	4th
	Age 39	Hellas Utrecht		
Maximum Effort 37.56				
98	Jak, Julien	M	00:45.26	5th
	Age 31	AV Lycurgus		
Maximum Effort 37.80				
147	Jonkman, Bas	M	00:48.23	6th
	Age 36	E.A.C. de Sperwers		
Maximum Effort 39.28				

Legenda

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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M09			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
223	Mauricio, Lixsandro Age 30 Maximum Effort 37.54	M Special Olympics Bonaire	00:38.73	1st
51	Nuij, Sebastiaan Age 41 Maximum Effort 35.28	M AV Edam	00:39.95	2nd
92	Carper, Max Age 35 Maximum Effort 36.88	M AV Lycurgus	00:41.56	3rd
149	Nijenbanning, Jurgan Age 29 Maximum Effort 37.38	M E.A.C. de Sperwers	00:43.50	4th
86	Bom, Niels Age 20 Maximum Effort 37.26	M AV Lycurgus	00:44.57	5th
31	Bierman, Willem Age 28 Maximum Effort 37.20	M AV DEM	00:46.83	6th

Legenda

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SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M10			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
152	Winkelman, Erik Age 26 Maximum Effort 35.25	M E.A.C. de Sperwers	00:36.90	1st
139	Stoop, Youry Age 28 Maximum Effort 34.05	M AV Sprint	00:37.20	2nd
105	Schurink, Steven Age 56 Maximum Effort 34.27	M AV Lycurgus	00:37.79	3rd
231	Riemen, Tim Age 31 Maximum Effort 33.72	M SV Veendam Atletiek	00:39.85	4th
128	Tjokoredjo, James Age 52 Maximum Effort 33.60	M AV Spark Spijkenisse	00:40.24	5th
28	Copier, Thijmen Age 20 Maximum Effort 34.34	M AV Climax	00:43.46	6th

Legenda

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Official Signatures (1) _____ (2) _____

SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M11			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
85	Barros Lima, Mishell de	M	00:36.65	1st
	Age 26	AV Lycurgus		
Maximum Effort	32.35			
24	Visser, Thijs	M	00:36.69	2nd
	Age 25	AV '34		
Maximum Effort	33.52			
219	Wes, Teun	M	00:37.08	3rd
	Age 16	Only Friends Twente Atletiek		
Maximum Effort	33.21			
83	Bakker, Marthijn	M	00:39.31	4th
	Age 34	AV Lycurgus		
Maximum Effort	33.15			
57	Heuvel, Sjoerd van den	M	00:39.57	5th
	Age 45	AV Generaal Michaëlis		
Maximum Effort	32.60			
100	Jong, Rogier Maarten de	M	01:25.32	6th
	Age 51	AV Lycurgus		
Maximum Effort	33.22			

Legenda

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SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M12			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
76	Hussaarts, Ruben Age 36 Maximum Effort 31.61	M AV Haarlemmermeer	00:34.66	1st
186	Dorgelo, Wijnold Age 25 Maximum Effort 31.02	M Isala '96	00:35.76	2nd
224	Scherptong, Roel Age 28 Maximum Effort 31.28	M Special Olympics Bonaire	00:36.07	3rd
190	Tennekes, Luke Age 24 Maximum Effort 30.84	M Isala '96	00:37.70	4th
229	Laan, Ernesto van der Age 26 Maximum Effort 32.52	M SV Veendam Atletiek	00:38.20	5th
228	Kers, Ferdinand Age 38 Maximum Effort 31.45	M SV Veendam Atletiek	00:38.86	6th

Legenda

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Official Signatures (1) _____ (2) _____

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Athletics/Track and Field
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AT 200 M Run (M)
Final



Division: M13			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
78	Wolters, Fabian	M	00:33.34	1st
	Age 28	AV Haarlemmermeer		
Maximum Effort	30.28			
132	Graumans, Sander	M	00:34.42	2nd
	Age 25	AV Sprint		
Maximum Effort	30.80			
183	Oude Wansink, Alwin	M	00:35.05	3rd
	Age 34	Hellas Utrecht		
Maximum Effort	30.72			
49	Bond, Tom	M	00:35.10	4th
	Age 22	AV Edam		
Maximum Effort	30.58			
179	Gulick, Robin van	M	00:35.75	5th
	Age 23	Hellas Utrecht		
Maximum Effort	30.87			
13	Groen, Mike	M	00:36.50	6th
	Age 27	AV '34		
Maximum Effort	31.02			

Legenda

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Official Signatures (1) _____ (2) _____

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Athletics/Track and Field
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AT 200 M Run (M)
Final



Division: M14			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
25	Vliet, Berend van Age 25 Maximum Effort 28.39	M AV '34	00:30.03	1st
130	Beute, Jordan Age 22 Maximum Effort 28.22	M AV Sprint	00:33.37	2nd
66	Koolmees, Michael Age 37 Maximum Effort 29.33	M AV Gouda	00:33.48	3rd
181	Hoogaerts, Desmond Age 34 Maximum Effort 28.96	M Hellas Utrecht	00:34.30	4th
91	Broer, Youri Age 19 Maximum Effort 29.87	M AV Lycurgus	00:34.76	5th
46	Boer, Lorenzo de Age 34 Maximum Effort 30.07	M AV Edam	00:35.50	6th

Legenda

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Official Signatures (1) _____ (2) _____

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Athletics/Track and Field
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Final



Division: M15			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
102	Kreulen, Jeroen Age 35 Maximum Effort 27.64	M AV Lycurgus	00:30.71	1st
96	Grin, Remon Age 33 Maximum Effort 27.00	M AV Lycurgus	00:31.81	2nd
182	Maassen, Jaap Age 30 Maximum Effort 27.23	M Hellas Utrecht	00:31.98	3rd
215	Rouwendal, Maarten Age 24 Maximum Effort 28.04	M Only Friends Twente Atletiek	00:31.98	3rd
189	Stuij, Symon Age 30 Maximum Effort 27.23	M Isala '96	00:32.77	5th
72	Tanoti, Amine Age 23 Maximum Effort 28.10	M AV Gouda	00:33.82	6th

Legenda

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Division: M16			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
55	Zanten, Frank van Age 34 Maximum Effort 26.15	M AV Edam	00:29.29	1st
42	Bakker, Robin Age 28 Maximum Effort 26.48	M AV Edam	00:29.69	2nd
41	Bakker, Mathijs Age 23 Maximum Effort 26.48	M AV Edam	00:30.31	3rd
12	Donselaar, Karel van Age 31 Maximum Effort 26.14	M AV '34	00:30.44	4th
159	Bezghinov, Vladyslav Age 16 Maximum Effort 26.96	M HAC '63	00:30.48	5th
191	Willemsen, Tristan Age 19 Maximum Effort 27.18	M Isala '96	00:32.29	6th

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SONS Haarlem 2026
Athletics/Track and Field
Results sheet for Track Event
AT 200 M Run (M)
Final



Division: M17			Status :- Finished - official	
Bib#	Name	Gender (short)	Score	Place
18	Jonker, Milan Age 20 Maximum Effort 23.16	M AV '34	00:26.37	1st
68	Rabouw, Stefan Age 30 Maximum Effort 23.10	M AV Gouda	00:26.56	2nd
75	Graaf, Quint de Age 18 Maximum Effort 22.75	M AV Haarlemmermeer	00:26.58	3rd
227	Hut, Robin Age 24 Maximum Effort 23.86	M SV Veendam Atletiek	00:27.82	4th
115	Fermont, Sebastian Age 26 Maximum Effort 24.94	M AV Scheldesport	00:29.23	5th
153	Pieters, Joey Age 24 Maximum Effort 23.70	M Eindhoven Atletiek	DNS	DNS

Legenda

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