

**Athletics/Track and Field**  
**Results sheet for Field Event**  
AT Shot Put - Men 4Kg  
Final

Division: M01

Status :- Finished - official

Bib#	Name	Gender		Score	Place
<b>217</b>	<b>Vlugt, Demian van de</b>	<b>M</b>			
	Age 12	AV Lycurgus	#1	2m, 39.00cm	2m, 39.00cm
			#2	2m, 36.00cm	
Max Effort	2.6880 m		#3	2m, 26.00cm	
<b>247</b>	<b>Dijk, Dion van</b>	<b>M</b>			
	Age 15	AV Sprint	#1	1m, 97.00cm	2m, 10.00cm
			#2	2m, 10.00cm	
Max Effort	2.6160 m		#3	2m, 8.00cm	
<b>246</b>	<b>Bex, Liron</b>	<b>M</b>			
	Age 12	AV Sprint	#1	1m, 75.00cm	3m, 13.00cm
			#2	1m, 90.00cm	
Max Effort	2.7840 m		#3	3m, 13.00cm	

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

Division: M02		Status :- Finished - official				
Bib#	Name	Gender			Score	Place
<b>353</b>	<b>Ignacio, Tharise</b> Age 13 Max Effort 8.1960 m	M Special Olympics Aruba	#1	FOU	7m, 0.00cm	1st
			#2	5m, 94.00cm		
			#3	7m, 0.00cm		
<b>287</b>	<b>Bezghinov, Vladyslav</b> Age 14 Max Effort 7.1520 m	M HAC '63	#1	5m, 58.00cm	5m, 58.00cm	2nd
			#2	5m, 22.00cm		
			#3	FOU		
<b>333</b>	<b>Haar, Gijs op den</b> Age 13 Max Effort 4.7880 m	M Only Friends Twente Atletiek	#1	2m, 87.00cm	3m, 30.00cm	3rd
			#2	3m, 30.00cm		
			#3	2m, 96.00cm		

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

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Division: M03		Status :- Finished - official				
Bib#	Name	Gender			Score	Place
<b>239</b>	<b>Jaspers, Jeroen</b> Age 37 Max Effort 4.1520 m	M AV Spark Spijkenisse	#1	3m, 39.00cm	3m, 53.00cm	1st
			#2	3m, 36.00cm		
			#3	3m, 53.00cm		
						#1
			#2	3m, 19.00cm		
			#3	3m, 48.00cm		
<b>255</b>	<b>Pellicaan, Jeffrey</b> Age 29 Max Effort 3.9480 m	M AV Sprint	#1	2m, 80.00cm	3m, 21.00cm	3rd
			#2	3m, 21.00cm		
			#3	2m, 97.00cm		
			<b>274</b>	<b>Lasker, Leroy</b> Age 34 Max Effort 2.8080 m	M E.A.C. de Sperwers	#1
#2	2m, 34.00cm					
#3	2m, 24.00cm					
<b>132</b>	<b>Veeken, Job-Anton van der</b> Age 44 Max Effort 2.2440 m	M AV '34				#1
			#2	1m, 63.00cm		
			#3	2m, 31.00cm		

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

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Division: M04		Status :- Finished - official				
Bib#	Name	Gender		Score	Place	
<b>199</b>	<b>Cornelisse, Rick</b> Age 19 Max Effort 5.0760 m	M AV Lycurgus	#1 4m, 99.00cm #2 4m, 30.00cm #3 5m, 6.00cm	5m, 6.00cm	1st	
<b>306</b>	<b>Maassen, Jaap</b> Age 28 Max Effort 4.8840 m	M Hellas Utrecht	#1 4m, 25.00cm #2 4m, 77.00cm #3 4m, 67.00cm	4m, 77.00cm	2nd	
<b>204</b>	<b>Jak, Julien</b> Age 29 Max Effort 5.3280 m	M AV Lycurgus	#1 4m, 69.00cm #2 4m, 57.00cm #3 4m, 57.00cm	4m, 69.00cm	3rd	
<b>304</b>	<b>Haberland, Jamie</b> Age 29 Max Effort 5.4120 m	M Hellas Utrecht	#1 4m, 24.00cm #2 4m, 50.00cm #3 4m, 68.00cm	4m, 68.00cm	4th	
<b>131</b>	<b>Spindler, Tom</b> Age 25 Max Effort 4.9200 m	M AV '34	#1 3m, 73.00cm #2 3m, 75.00cm #3 4m, 9.00cm	4m, 9.00cm	5th	
<b>213</b>	<b>Servaas, Frank</b> Age 34 Max Effort 5.4480 m	M AV Lycurgus	#1 3m, 65.00cm #2 2m, 98.00cm #3 4m, 8.00cm	4m, 8.00cm	6th	
<b>276</b>	<b>Pastoor, Daan</b> Age 27 Max Effort 4.8000 m	M E.A.C. de Sperwers	#1 4m, 5.00cm #2 3m, 66.00cm #3 FOU	4m, 5.00cm	7th	
<b>240</b>	<b>Korte, Danny de</b> Age 20 Max Effort 4.8480 m	M AV Spark Spijkenisse	#1 3m, 96.00cm #2 3m, 22.00cm #3 4m, 0.00cm	4m, 0.00cm	8th	

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

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Division: M05		Status :- Finished - official				
Bib#	Name	Gender			Score	Place
<b>118</b>	<b>Standaert, Rick</b> Age 27 Max Effort 6.0240 m	M Atletiek CLub Waalwijk	#1	5m, 73.00cm	5m, 73.00cm	1st
			#2	5m, 38.00cm		
			#3	5m, 45.00cm		
<b>166</b>	<b>Koppers, Anton</b> Age 55 Max Effort 5.9280 m	M AV Generaal Michaëlis	#1	5m, 37.00cm	5m, 37.00cm	2nd
			#2	5m, 17.00cm		
			#3	3m, 98.00cm		
<b>215</b>	<b>Timmers, Jakko</b> Age 58 Max Effort 5.9160 m	M AV Lycurgus	#1	3m, 45.00cm	5m, 11.00cm	3rd
			#2	4m, 55.00cm		
			#3	5m, 11.00cm		
<b>302</b>	<b>Camerijk, Tobias vanM</b> Age 37 Max Effort 6.1440 m		#1	4m, 42.00cm	4m, 73.00cm	4th
			#2	4m, 73.00cm		
			#3	4m, 44.00cm		
<b>301</b>	<b>Aken, Wesley van</b> Age 37 Max Effort 5.9640 m	M Hellas Utrecht	#1	4m, 32.00cm	4m, 70.00cm	5th
			#2	4m, 69.00cm		
			#3	4m, 70.00cm		
<b>269</b>	<b>Bruins, Ralph</b> Age 41 Max Effort 5.7840 m	M E.A.C. de Sperwers	#1	4m, 24.00cm	4m, 51.00cm	6th
			#2	4m, 51.00cm		
			#3	4m, 34.00cm		
<b>289</b>	<b>Boertien, Tygo</b> Age 18 Max Effort 5.4480 m	M HAC '63	#1	4m, 5.00cm	4m, 31.00cm	7th
			#2	3m, 68.00cm		
			#3	4m, 31.00cm		
<b>175</b>	<b>Rijk, Peter</b> Age 41 Max Effort 6.0120 m	M AV Gouda	#1	3m, 49.00cm	4m, 12.00cm	8th
			#2	4m, 12.00cm		
			#3	3m, 98.00cm		

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

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Division: M06		Status :- Finished - official				
Bib#	Name	Gender			Score	Place
<b>270</b>	<b>Burik, Robert van</b> Age 56 Max Effort 6.8880 m	M E.A.C. de Sperwers	#1	5m, 50.00cm	6m, 10.00cm	1st
			#2	6m, 10.00cm		
			#3	5m, 54.00cm		
<b>229</b>	<b>Plas, Wesley van der M</b> Age 34 Max Effort 6.7920 m	M AV Scheldesport	#1	5m, 99.00cm	5m, 99.00cm	2nd
			#2	5m, 87.00cm		
			#3	5m, 97.00cm		
<b>218</b>	<b>Winkelaar, Jeffrey</b> Age 32 Max Effort 6.8160 m	M AV Lycurgus	#1	5m, 48.00cm	5m, 61.00cm	3rd
			#2	5m, 61.00cm		
			#3	5m, 27.00cm		
<b>169</b>	<b>Laat, Martijn de</b> Age 33 Max Effort 6.2880 m	M AV Generaal Michaëlis	#1	4m, 93.00cm	5m, 43.00cm	4th
			#2	5m, 43.00cm		
			#3	5m, 18.00cm		
<b>134</b>	<b>Visser, Thijs</b> Age 23 Max Effort 6.2640 m	M AV '34	#1	5m, 29.00cm	5m, 35.00cm	5th
			#2	5m, 1.00cm		
			#3	5m, 35.00cm		
<b>148</b>	<b>Bakels, Wim</b> Age 66 Max Effort 6.9360 m	M AV Edam	#1	5m, 4.00cm	5m, 4.00cm	6th
			#2	3m, 95.00cm		
			#3	FOU		
<b>209</b>	<b>Kreulen, Jeroen</b> Age 33 Max Effort 6.5400 m	M AV Lycurgus	#1	4m, 58.00cm	4m, 86.00cm	7th
			#2	4m, 86.00cm		
			#3	4m, 53.00cm		
<b>165</b>	<b>Heuvel, Sjoerd van der M</b> Age 43 Max Effort 6.3960 m	M AV Generaal Michaëlis	#1	4m, 63.00cm	4m, 77.00cm	8th
			#2	4m, 77.00cm		
			#3	4m, 74.00cm		

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

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Division: M07		Status :- Finished - official				
Bib#	Name	Gender		Score	Place	
<b>142</b>	<b>Mannee, Jesaja</b> Age 24 Max Effort 8.0880 m	M AV Climax	#1	6m, 0.00cm	6m, 60.00cm 1st	
			#2	6m, 60.00cm		
			#3	6m, 29.00cm		
<b>203</b>	<b>Havik, Jayden</b> Age 16 Max Effort 7.3920 m	M AV Lycurgus	#1	6m, 11.00cm	6m, 23.00cm 2nd	
			#2	6m, 23.00cm		
			#3	5m, 57.00cm		
<b>176</b>	<b>Schwiebbe, Wouter</b> Age 35 Max Effort 7.8120 m	M AV Gouda	#1	6m, 16.00cm	6m, 21.00cm 3rd	
			#2	6m, 21.00cm		
			#3	5m, 83.00cm		
<b>214</b>	<b>Stoevelaar, Ruben</b> Age 39 Max Effort 7.4040 m	M AV Lycurgus	#1	5m, 61.00cm	6m, 19.00cm 4th	
			#2	6m, 13.00cm		
			#3	6m, 19.00cm		
<b>123</b>	<b>Groen, Mike van</b> Age 25 Max Effort 7.3440 m	M AV '34	#1	6m, 19.00cm	6m, 19.00cm 5th	
			#2	5m, 68.00cm		
			#3	5m, 66.00cm		
<b>290</b>	<b>Dekker, Steve</b> Age 38 Max Effort 7.2480 m	M HAC '63	#1	6m, 7.00cm	6m, 7.00cm 6th	
			#2	5m, 91.00cm		
			#3	5m, 94.00cm		
<b>291</b>	<b>Kikkert, Bram</b> Age 18 Max Effort 7.0680 m	M HAC '63	#1	6m, 1.00cm	6m, 1.00cm 7th	
			#2	5m, 75.00cm		
			#3	5m, 37.00cm		
<b>138</b>	<b>Helfteren, Luuk van</b> Age 24 Max Effort 7.5240 m	M AV Atilla	#1	5m, 45.00cm	5m, 98.00cm 8th	
			#2	5m, 78.00cm		
			#3	5m, 98.00cm		

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

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Division: M08		Status :- Finished - official				
Bib#	Name	Gender		Score	Place	
<b>158</b>	<b>Nuij, Sebastiaan</b> Age 39 Max Effort 8.4360 m	M AV Edam	#1 7m, 40.00cm #2 7m, 8.00cm #3 6m, 59.00cm	7m, 40.00cm	1st	
<b>263</b>	<b>Lehmann, Patrick</b> Age 45 Max Effort 8.4000 m	M AV Zaanland	#1 6m, 66.00cm #2 7m, 10.00cm #3 7m, 18.00cm	7m, 18.00cm	2nd	
<b>193</b>	<b>Bakker, Marthijn</b> Age 32 Max Effort 8.2440 m	M AV Lycurgus	#1 6m, 64.00cm #2 6m, 40.00cm #3 6m, 17.00cm	6m, 64.00cm	3rd	
<b>344</b>	<b>Buinsters, Nahum</b> Age 25 Max Effort 8.2680 m	M Spado	#1 6m, 32.00cm #2 6m, 58.00cm #3 6m, 52.00cm	6m, 58.00cm	4th	
<b>126</b>	<b>Jager, Tim</b> Age 18 Max Effort 8.2440 m	M AV '34	#1 6m, 57.00cm #2 6m, 23.00cm #3 6m, 49.00cm	6m, 57.00cm	5th	
<b>205</b>	<b>Jak, Sebastian</b> Age 32 Max Effort 8.3160 m	M AV Lycurgus	#1 6m, 50.00cm #2 6m, 41.00cm #3 6m, 21.00cm	6m, 50.00cm	6th	
<b>198</b>	<b>Broer, Youri</b> Age 17 Max Effort 8.3520 m	M AV Lycurgus	#1 6m, 17.00cm #2 5m, 84.00cm #3 6m, 41.00cm	6m, 41.00cm	7th	
<b>216</b>	<b>Velde, Sebastiaan van</b> Age 41 Max Effort 8.1240 m	M AV Lycurgus	#1 6m, 14.00cm #2 5m, 80.00cm #3 6m, 36.00cm	6m, 36.00cm	8th	

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_



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Division: M09		Status :- Finished - official				
Bib#	Name	Gender		Score	Place	
<b>117</b>	<b>Ravenstein, Lars vanM</b> Age 30 Max Effort 8.7000 m	M Atletiek Club Waalwijk	#1	7m, 25.00cm	7m, 90.00cm 1st	
			#2	7m, 36.00cm		
			#3	7m, 90.00cm		
<b>206</b>	<b>Jong, Rogier MaartenMe</b> Age 49 Max Effort 9.1440 m	M AV Lycurgus	#1	7m, 68.00cm	7m, 77.00cm 2nd	
			#2	7m, 48.00cm		
			#3	7m, 77.00cm		
<b>151</b>	<b>Boer, Diego de</b> Age 30 Max Effort 9.1560 m	M AV Edam	#1	7m, 49.00cm	7m, 67.00cm 3rd	
			#2	7m, 67.00cm		
			#3	7m, 67.00cm		
<b>212</b>	<b>Schurink, Steven</b> Age 54 Max Effort 8.5080 m	M AV Lycurgus	#1	7m, 64.00cm	7m, 64.00cm 4th	
			#2	6m, 79.00cm		
			#3	7m, 45.00cm		
<b>241</b>	<b>Nadort, Sander van deM</b> Age 43 Max Effort 9.0720 m	M AV Spark Spijkenisse	#1	7m, 12.00cm	7m, 62.00cm 5th	
			#2	7m, 62.00cm		
			#3	7m, 39.00cm		
<b>279</b>	<b>Veenstra, Bertus</b> Age 36 Max Effort 8.7480 m	M E.A.C. de Sperwers	#1	6m, 64.00cm	7m, 25.00cm 6th	
			#2	6m, 97.00cm		
			#3	7m, 25.00cm		
<b>160</b>	<b>Tol, Dick</b> Age 45 Max Effort 8.7600 m	M AV Edam	#1	6m, 97.00cm	6m, 99.00cm 7th	
			#2	6m, 99.00cm		
			#3	6m, 89.00cm		
<b>316</b>	<b>Wursten, Anco</b> Age 41 Max Effort 8.5920 m	M Isala '96	#1	6m, 37.00cm	6m, 98.00cm 8th	
			#2	6m, 60.00cm		
			#3	6m, 98.00cm		

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

**Athletics/Track and Field**  
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Division: M10		Status :- Finished - official				
Bib#	Name	Gender		Score	Place	
<b>121</b>	<b>Donselaar, Karel van M</b>		#1 8m, 92.00cm	9m, 13.00cm	1st	
	Age 29	AV '34	#2 8m, 86.00cm			
Max Effort	10.5600 m		#3 9m, 13.00cm			
<b>181</b>	<b>Hussaerts, Ruben</b>	M	#1 8m, 57.00cm	8m, 74.00cm	2nd	
	Age 34	AV Haarlemmermeer	#2 8m, 60.00cm			
Max Effort	10.5360 m		#3 8m, 74.00cm			
<b>226</b>	<b>Fermont, Sebastian</b>	M	#1 8m, 52.00cm	8m, 52.00cm	3rd	
	Age 23	AV Scheldesport	#2 8m, 45.00cm			
Max Effort	9.9000 m		#3 8m, 36.00cm			
<b>153</b>	<b>Boer, Maico de</b>	M	#1 7m, 71.00cm	8m, 22.00cm	4th	
	Age 23	AV Edam	#2 7m, 2.00cm			
Max Effort	9.2760 m		#3 8m, 22.00cm			
<b>202</b>	<b>Grin, Remon</b>	M	#1 7m, 81.00cm	8m, 21.00cm	5th	
	Age 31	AV Lycurgus	#2 0m, 0.00cm			
Max Effort	9.1680 m		#3 8m, 21.00cm			
<b>280</b>	<b>Winkelman, Erik</b>	M	#1 8m, 15.00cm	8m, 20.00cm	6th	
	Age 24	E.A.C. de Sperwers	#2 8m, 11.00cm			
Max Effort	10.0320 m		#3 8m, 20.00cm			
<b>365</b>	<b>Kers, Ferdinand</b>	M	#1 7m, 84.00cm	8m, 11.00cm	7th	
	Age 36	SV Veendam Atletiek	#2 8m, 11.00cm			
Max Effort	9.6000 m		#3 7m, 70.00cm			
<b>125</b>	<b>Huisman, Fernando</b>	M	#1 7m, 28.00cm	7m, 40.00cm	8th	
	Age 22	AV '34	#2 7m, 9.00cm			
Max Effort	9.3960 m		#3 7m, 40.00cm			

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_

Division: M11		Status :- Finished - official				
Bib#	Name	Gender		Score	Place	
<b>136</b>	<b>Vliet, Marijn van</b> Age 22 Max Effort 12.3960 m	M AV '34	#1 9m, 75.00cm #2 9m, 18.00cm #3 10m, 73.00cm	10m, 73.00cm	1st	
<b>242</b>	<b>Schouten, Björn</b> Age 32 Max Effort 12.9840 m	M AV Spark Spijkenisse	#1 9m, 98.00cm #2 10m, 24.00cm #3 10m, 41.00cm	10m, 41.00cm	2nd	
<b>122</b>	<b>Groen, Maarten</b> Age 36 Max Effort 10.9680 m	M AV '34	#1 9m, 41.00cm #2 8m, 72.00cm #3 9m, 9.00cm	9m, 41.00cm	3rd	

Official Signatures: (1) \_\_\_\_\_ (2) \_\_\_\_\_